

**CUMBRIA**

<b>Club</b>	<b>Nearest Town</b>	<b>Postcode</b>	<b>Tel No</b>	<b>Website</b>
Alston Moor	Alston	CA9 3DB	01434 381675	
Appleby	Appleby-in-Westmoreland	CA16 6LP	017683 51432	<a href="http://www.applebygolfclub.co.uk">www.applebygolfclub.co.uk</a>
Barrow	Barrow-in-Furness	LA14 4QB	01229 825444	<a href="http://www.barrowgolfclub.co.uk">www.barrowgolfclub.co.uk</a>
Bentham	Bentham	LA2 7AG	015242 62455	<a href="http://www.benthamgolfclub.co.uk">www.benthamgolfclub.co.uk</a>
Brampton	Brampton	CA8 1HN	01697 72000	<a href="http://www.bramptongolfclub.com">www.bramptongolfclub.com</a>
Brayton Park	Aspatria	CA7 3PY	01697 320840	<a href="http://www.braytonpark.net">www.braytonpark.net</a>
Caldew	Carlisle	CA5 7JX	01228 710165	
Carlisle	Carlisle	CA4 8AG	01228 513029	<a href="http://www.carlislegolfclub.org">www.carlislegolfclub.org</a>
Carus Green	Kendal	LA9 6EB	01539 721097	<a href="http://www.carusgreen.co.uk">www.carusgreen.co.uk</a>
Casterton	Kirkby Lonsdale	LA6 2LA	015242 71592	<a href="http://www.castertongolf.co.uk">www.castertongolf.co.uk</a>
Cockermouth	Cockermouth	CA13 9SG	017687 76223	<a href="http://www.ckermouthgolf.co.uk">www.ckermouthgolf.co.uk</a>
Dunnerholme	Barrow-in-Furness	LA16 7AW	01229 462675	<a href="http://www.thedunnerholmegolfclub.co.uk">www.thedunnerholmegolfclub.co.uk</a>
Eden	Carlisle	CA6 4RA	01228 573003	<a href="http://www.edengolf.co.uk">www.edengolf.co.uk</a>
Furness	Barrow-in-Furness	LA14 3LN	01229 471232	<a href="http://www.furnessgolfclub.co.uk">www.furnessgolfclub.co.uk</a>
Grange Fell	Grange-over-Sands	LA11 6HB	01539 532536	
Grange-over-Sands	Grange-over-Sands	LA11 6QX	01539 533180	<a href="http://www.grangegolfclub.co.uk">www.grangegolfclub.co.uk</a>
Kendal	Kendal	LA9 4PQ	01539 723499	<a href="http://www.kendalgolfclub.co.uk">www.kendalgolfclub.co.uk</a>
Keswick	Keswick	CA12 4SX	017687 79324	<a href="http://www.keswickgolfclub.com">www.keswickgolfclub.com</a>
Kirkby Lonsdale	Kirkby Lonsdale	LA6 2LJ	015242 76366	<a href="http://www.klgolf.dial.pipex.com">www.klgolf.dial.pipex.com</a>
Maryport	Maryport	CA15 6PA	01900 812605	<a href="http://www.maryportgolfclub.co.uk">www.maryportgolfclub.co.uk</a>
Penrith	Penrith	CA11 8SG	01768 891919	<a href="http://www.penrithgolfclub.co.uk">www.penrithgolfclub.co.uk</a>
Penrith Golf Centre	Penrith	CA11 0DR	01768 892167	<a href="http://www.penrithgolf.co.uk">www.penrithgolf.co.uk</a>
Seascale	Seascale	CA20 1QL	019467 28202	<a href="http://www.seascalegolfclub.co.uk">www.seascalegolfclub.co.uk</a>
Sedbergh	Sedbergh	LA10 5SS	015396 21551	<a href="http://www.sedberghgolfclub.co.uk">www.sedberghgolfclub.co.uk</a>
Settle	Settle	BD24 0DH	01729 825288	<a href="http://www.settlegolfcourse.org">www.settlegolfcourse.org</a>
Silecroft	Millom	LA18 4NX	01229 770467	<a href="http://www.silecroftgolfclub.co.uk">www.silecroftgolfclub.co.uk</a>
Silloth on Solway	Silloth	CA7 4BL	016973 31304	<a href="http://www.sillothgolfclub.co.uk">www.sillothgolfclub.co.uk</a>
Silverdale	Carnforth	LA5 0SP	01524 701300	<a href="http://www.silverdalegolfclub.co.uk">www.silverdalegolfclub.co.uk</a>
St Bees	Whitehaven	CA27 0EJ	01946 824300	<a href="http://www.stbeesschoolgolfclub.talktalk.net">www.stbeesschoolgolfclub.talktalk.net</a>
Stoney Holme	Carlisle	CA1 1LS	01228 625511	<a href="http://www.carlisleleisure.com/stoneyholme">www.carlisleleisure.com/stoneyholme</a>
Ulverston	Ulverston	LA12 9QJ	01229 582824	<a href="http://www.ulverstongolf.co.uk">www.ulverstongolf.co.uk</a>
Windermere	Windermere	LA23 3NB	015394 43123	<a href="http://www.windermeregolfclub.net">www.windermeregolfclub.net</a>
Whitehaven	Whitehaven	CA28 8UD	01946 591144	<a href="http://www.whitehavengolfclub.com">www.whitehavengolfclub.com</a>
Workington	Workington	CA14 4SS	01900 67828	<a href="http://www.lakestay.co.uk/workingtongolf.html">www.lakestay.co.uk/workingtongolf.html</a>